

Doug's Veggie Casserole

4 oz zucchini

4 oz yellow squash

2 oz button mushrooms

2 oz celery

4 oz broccoli

1 cup cooked rice pilaf

4 oz sharp cheddar cheese

3 oz Monterey jack cheese

6 oz green chili salsa

Steam the veggies until just cooked – approx.. 8 minutes. Place 1 cup rice pilaf in the bottom of a 2 qt casserole dish. Add the veggies and pour the salsa over the veggies, Grate or thinly slice the cheese and add to the top of the casserole. Place in microwave for 5 min to melt cheese. Alternately place in 375 F oven until cheese is melted. If desired add chopped almonds or walnuts to the top prior to melting the cheese. Submitted by Doug Parker